

THE 10th MEETING OF ASIAN FEDERATION
OF FOOT AND ANKLE SURGEONS

DATE:

OCTOBER 30TH - NOVEMBER 1ST 2025

VENUE:

GRAND COPTHORNE WATERFRONT HOTEL SINGAPORE





Dear Colleagues,

On behalf of Asian Federation of Foot & Ankle Surgeons, I sincerely welcome every one of you to view this AFFAS Newsletter. As this issue of AFFAS Newsletter is prepared by Singaporean Foot & Ankle Society, I want to express my deepest appreciation to President Ken Jin Tan and Dr. Tang Zhi Hao for their work in making this AFFAS Newsletter a success. And I am also honored to inform you that the upcoming 10th AFFAS meeting will be held in Singapore from Oct.30 - Nov.1 2025. This meeting will be hosted by President Keen Wai Chong. I want to thank Dr. Chong for his effort in preparing 10th AFFAS meeting. This meeting will be conjoined with the 47th Annual Meeting of Singapore Orthopedic Association. This conference promises to be a remarkable gathering of distinguished foot and ankle surgeons from around the world. Please book mark this event in your schedule and encourage your colleagues to attend this meeting. The abstract submission deadline is Aug.31 2025. And please take advantage of the early bird registration rate till Sep.30 2025. Let's meet in Singapore!

Sincerely,
Peng-Ju Huang
President of AFFAS





Dear Colleagues,

Welcome to the latest edition of the AFFAS newsletter. I would like to thank Dr Tang Zhi Hao for his efforts in preparing this newsletter.

Through the AFFAS newsletter, we hope to update our community about events that has occurred recently and also upcoming events. This is to foster a family spirit amongst our community.

I would also like to take the opportunity to remind everyone to come for the 10th AFFAS Meeting in October 30th- November 1st held in Singapore. Program and workshop details are already available on the congress website (there is a link from the AFFAS website). Registration and free paper submission details are also available. Do register early for early bird discounts.

See you in Singapore.

CHONG Keen-Wai

Chairman of the Organizing Committee,

10th AFFAS Meeting



ANNOUNCEMIENT

The AFFAS Council committee has established the "IFFAS 2024 Seoul Fellowship Award". This award was made possible through a generous \$40,000 donation from the Korean Foot and Ankle Society (KFAS) to the Asian Federation of Foot and Ankle Surgeons (AFFAS), commemorating the successful hosting of the IFFAS 2024 meeting in Seoul, South Korea.

Beginning in 2025, the fellowship will support the academic development and surgical training of young AFFAS members who face limited access to advanced clinical opportunities. Each year, two foot and ankle surgeons from AFFAS member countries will be selected to receive \$2,000 in support of academic exchange visits to hospitals of the AFFAS member countries.

Further program details will be finalized in July and shared through the national associations of each AFFAS member country. We encourage many young members to take interest and actively participate in this initiative.

IFFAS 2024 Seoul Fellowship Award Committee



RECENT EVENTS

Singapore Foot and Ankle Symposium 2025 was successfully held on 19th April 2025 at Academia in Singapore General Hospital, chaired by Dr Png Wenxian and Dr Andrew Hong Choon Chiet with course advisor Dr Chong Keen Wai. Regional experts Dr Yang Yunfeng (China), Dr Marut Arunakul (Thailand), Dr Amber Haseeb (Malaysia), Dr Andri Primadhi (Indonesia) and Dr Chen Yanyu (Taiwan) were invited to facilitate in this one-day interactive masterclass. Topics discussed included hallux valgus with lesser toe deformities, best procedure for pes planus surgery, ankle osteoarthritis: preservation or replacement, tackling issue of metatarsus adductus and hallux valgus, biologic innovations for large cartilage defects and surgical options in treating recalcitrant hindfoot pain.













ACADEMIC SECTION 1

ORIGINAL RESEARCH

Clinical guideline on the third generation minimally invasive surgery for hallux valgus

Guangyi Li a,b,1, Hui Zhang c,1, Xu Wang d,1, Yunfeng Yang e,1, Hailin Xu f,1, Jinsong Hong g,1, Siu-Wah Kong h,1, Kwok-Bill Chan i,1, Keen-Wai Chong j,1, Alan Yan k,1,1, Zhongmin Shi a,b,**, Xin Ma a,b,*, on behalf Foot and Ankle Committee of Orthopedic Branch of the Chinese Medical Doctor Association, Foot and Ankle Committee of Sports Medicine Branch of Chinese Medical Doctor Association, Foot and Ankle Expert Committee of the Chinese Association for Integrative Medicine

Minimally invasive surgery for hallux valgus correction, has been attracting great interests in the recent decades, due to the potential benefits of less pain, decreased recovery times, smaller scars with better cosmesis, and improved early post-operative range of motion. The most recent developments in minimally invasive surgery have evolved into the third generation with modifications of the chevron-type osteotomy. This evidence-based clinical guideline of the third generation minimally invasive surgery for hallux valgus is initiated and developed collectively by the Foot and Ankle Committee of Orthopedic Branch of Chinese Medical Doctor Association, Foot and Ankle Committee of Sports Medicine Branch of Chinese Medical Doctor Association, and Foot and Ankle Expert Committee of Orthopedic Branch of the Chinese Association of the Integrative Medicine. This clinical guideline provides recommendations for indications, contraindications, operative planning and techniques, post-operative management, management of complications, and prognosis of the third generation minimally invasive surgery for hallux valgus.

The Translational Potential of this Article This comprehensive guideline aims to establish standardized recommendations for the indications, contraindications, operative techniques, and post-operative management of the third generation minimally invasive surgery for hallux valgus. By adhering to this guideline, the success rate of the procedure could be maximized. This comprehensive guideline serves as a valuable reference for practitioners interested in or preparing to perform minimally invasive surgery for hallux valgus.



ACADEMIC SECTION 2

Joint Salvage using 3D-Printed Cement Cage and Titanium Total Talus for the Treatment of Talus Osteomyelitis

Inha University Hospital, Korea

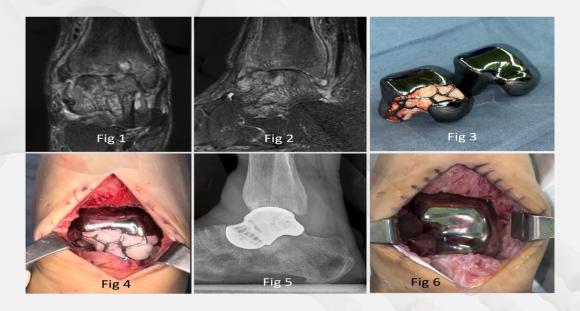
BomSoo Kim

A 64-year-old woman presented with chronic right ankle pain, swelling and stiffness lasting nearly a year after a simple ankle sprain. Despite undergoing two arthroscopic surgeries at another hospital, her symptoms persisted. MRI revealed talar osteomyelitis with abscess formation -later confirmed as tuberculous septic arthritis (Fig 1, 2).

She was devastated when advised to undergo ankle arthrodesis. Instead, we proposed a two stage, joint-preserving approach using 3D printing technology:

- > Stage 1: Resection of the infected talus and insertion of a custom-designed 3D-printed cement spacer cage (TiTalus Cage, Cubelabs, Korea) that both delivedred anti-TB medication and protected adjacent cartilage (Fig3,4,5).
- Stage 2: Once infection was controlled, the café was exchanged for TiTalus (Cuberlabs, Korea)-a patient-specific 3D-printed titanium prosthesis (Fig 3, 6)

At 1-year follow -up, the patient regained 70/110° of ankle motion, returned to work as a school cook, and remains pain-controlled without complications.





AFFAS NEWSLETTER

May 16th - 17th, 2025 Friday - Saturday

KFAS Spring Meeting Jeongu, South Korea

June 28th, 2025

Saturday

4thHong Kong Foot and Ankle Arthroscopy Cadaveric Course Chinese University of Hong Kong

September 20th, 2025 Saturday

2025 Taiwanese Orthopaedic Foot and Ankle Society Annual Meeting Taipei Tzu Chi Hospital, New Taipei City, Taiwan

October 25th - 26th, 2025 Saturday - Sunday

2025 Annual Meeting of the Taiwan Orthopaedic Association Taipei Marriott Hotel, Taipei, Taiwan

October 30th – Novmeber 1st, 2025 Thursday - Saturday

> Singapore Orthopaedic Association – 10th AFFAS Meeting 2025 Grand Copthorne Waterfront Hotel Singapore

November 10th, 2025 Monday

Silent Mentor Program: 2025 Foot and Ankle Cadaver Surgical Skill Course Medical Simulation Center, Tzu Chi University, Hualien, Taiwan

November 13^{th -} 14th, 2025 Thursday - Friday

The 50th Annual Meeting of The Japanese Society for Surgery of The Foot Karuizawa Prince Hotel West, Karuizawa, Nagano

November 28th - 29th, 2025 Friday - Saturday

> 2025 The 35th Annual Congress of the KFAS Swiss Grand Hotel, Seoul



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